



# GUACAMOLE

An all-time favorite, this quick and easy guacamole recipe is always a hit at home and at social gatherings. Serve with Baked Pita Chips.

## DIRECTIONS

1. In a bowl, mash the avocado with a fork into desired consistency.
2. Add remaining ingredients and mix well.
3. Add the tomatoes last. Serve immediately.

### Equipment:

Bowl

### Makes:

2-3 servings

## INGREDIENTS:

- 1 ½ ripe avocados, peeled and pitted
- • ½ jalapeño, cored and finely chopped (add more or less to taste)
- • 1-2 Tbsp red onion, finely chopped
- • 1 ½ tsp lime juice
- • 2 ½ Tbsp fresh coriander, finely chopped
- • ¼ tsp salt
- • ⅛ tsp ground cumin
- • ½ tomato, cored and chopped (optional)