



Jaki Sabourin

**Author | Relationship Expert |
Transformational Guide**

Author of the Best-Selling book **Engaged at Any
Age®** | Creator of **The Soulmate Code™**

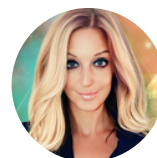
**Book Jaki for your
TV segment, event,
media feature, podcast
opening, or workshop.**

"Jaki, you are a perfect embodiment of masculine and feminine energy. What women need are role models like you. I just want to acknowledge you. You are one of the few women that express that beautiful blend."



John Gray
author *Men Are From Mars,*
Women Are From Venus

"Jaki Sabourin is an audience favorite! Her energy is contagious and her advice is spot on. Men and women alike hang on her every word!"



Gina Hussar
Brand Strategist and
Best-selling author

AS SEEN ON:

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Jaki's Bio

Jaki Sabourin is the #1 relationship expert, author, and the CEO of Engaged at Any Age®.

Winner of the 2018 Best Relationship Expert award, Jaki has used her unique blend of self-mastery and attraction prowess for over 20 years to help her clients find and keep the man of their dreams and get Engaged at Any Age.

Jaki is a master Executive Love and Dating Coach whose mission is to educate women on how to

become their best selves so they can attract their ideal man, lay the foundation for love, and cultivate lifelong commitment.

Jaki is celebrated for her proven methods blending mindset mastery, feminine energy, and high-level strategy. She is a dynamic voice in the dating and personal development industry and her work has led to hundreds of engagements for her very happy clients.

The Best-Seller



Engaged at Any Age: The Proven Path to Finding Epic Love After 40

Available now!

In *Engaged at Any Age*, Jaki shares her signature framework to help women release past relationship patterns, embody magnetic confidence, and attract lasting, soul-deep love. Equal parts inspiring and practical, this book is a call to stop settling, break free of outdated dating rules, and finally claim the epic partnership you deserve—no matter your age.

Perfect for audiences who:

- ✦ Feel like time is running out to find love
- ✦ Are navigating dating after divorce or heartbreak
- ✦ Want proven, real-world strategies and mindset shifts
- ✦ Believe in the power of intentional, transformational relationships

To read more about the book: engagedatanyage.com/book

Brand Story

Jaki Sabourin believes that every woman deserves a fulfilling, soul-deep love—and she has dedicated her life to helping women over 40 create exactly that. Today, Jaki is one of the top dating and relationship coaches in the world, guiding women to attract high-quality partners and build lasting, extraordinary relationships. But her path to love and success was born from heartbreak.

After experiencing the ultimate betrayal of infidelity in her marriage, Jaki found herself devastated, overwhelmed by grief, and plunged into a deep depression. As a newly single mother of two, she was forced to rebuild not only her life but also her sense of self-worth. The pain of that chapter became the catalyst for profound growth. Determined not to let heartbreak define her future, Jaki threw herself into years of study, research, and personal transformation.

While living on the magical island of Maui, Jaki spent over 25 years immersed in spiritual practice, self-discovery, and healing. She became a certified Communication Specialist and devoted herself to the study of meditation, mindset work, and feminine energy. Through this journey, she uncovered the deep, hidden blocks

that had been holding her back from receiving the love, abundance, and happiness she truly desired.

With fierce determination, Jaki created a proven formula to heal her heart, shift her mindset, and embody the kind of confidence and magnetism that attracts extraordinary love. And it worked—she manifested the man of her dreams, Michael Sabourin, and built the life she had once only imagined.

Today, Jaki lives blissfully in the beautiful seaside town of La Jolla, California, with Michael and their two beloved Pomeranians, Moxie and Bella. They spend their winters skiing around the world and living the kind of joyful, passionate partnership that Jaki now helps other women create for themselves.

Through her signature coaching programs, Jaki has helped thousands of women worldwide learn how to master their thoughts, embrace their femininity, and follow a clear, proven path to attracting their soulmate.

Jaki's mission is to make a meaningful difference in the lives of women who are ready to break through their own blocks, step into their power, and finally receive the love they deserve.

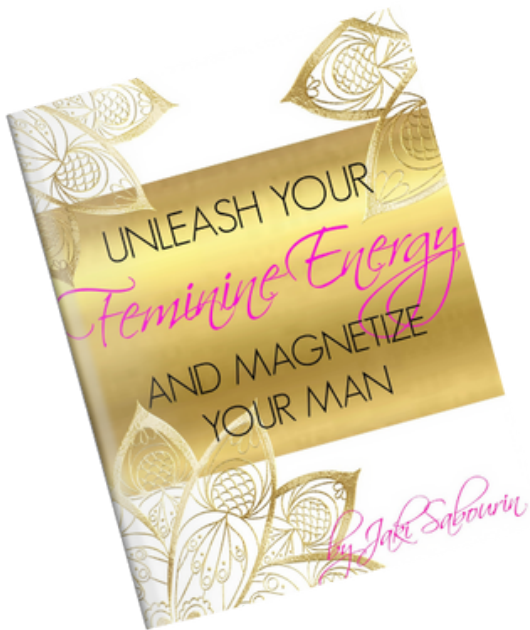
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Also by Jaki

Click each image to learn more about the book.



Contact Information



Booking & Media Inquiries:
members@engagedatanyage.com



Website: EngagedatAnyAge.com



Instagram: @JakiSabourin



YouTube: @EngagedAtAnyAge



SUCCESS!!

"Jaki's programs were an integral part of my success with my husband!"

- EMILY AND ALEX



ALL I NEEDED!!!

"Jaki's powerful example was all I needed to find the love of my life!"

- JAMIE & SHELLY



HAPPILY MARRIED!!

"Jaki helped me overcome my blocks and now I'm a first-time bride and happily married!"

- LISA & MARTY



MARRIED!!

"I had the WORST LUCK when it came to men. Now, after working with Jaki, I'm married to Ed and my whole life has changed!"

- HEATHER & ED



"This book is a really great read! I have been studying her suggestions and putting them into practice. (LOL...I have underlined and marked so many pages :) Loving the step by step tips and learning to navigate through some of my old "dating beliefs." My confidence is building, I am feeling more positive and learning to lean into my feminine power. So far so good!"

- Lisa Z



"I spent decades searching for love, only to be disappointed. Jaki's coaching helped me finally get married! If you want lasting love I highly recommend Engaged at Any Age. Jaki has held nothing back; this book is a revelation. It isn't just about dating tips or superficial advice. What helped me get married was a deep dive into the emotional wounds that hindered my ability to attract and maintain a loving relationship - this book will help you to do the same."

- Lisa G



"Jaki's Engaged at Any Age is a game-changer in the world of modern dating. From the very first page, it's clear this isn't just another dating advice book—it's a step-by-step guide that empowers women to rediscover their confidence, embrace their feminine energy, and take control of their love lives. What sets this book apart is Jaki's relatable and compassionate voice. She understands the unique challenges of dating over 40 and offers practical, actionable advice grounded in years of coaching and research. The insights into navigating online dating and understanding what men truly want are refreshingly honest and eye-opening."

- Brittany Lederman



"Engaged at any Age Is the perfect book for any woman who is tired of wasting time on bad dates and truly ready to find "the one!" I read a lot of books and this is by far the most useful. Jaki includes so many great tips and gives her entire step by step system for meeting a QUALITY man! I highly recommend this book! Jaki is the real deal!"

- Gina Hussar, Spiritual Success Coach and Writer



"Jaki is such a great Coach and supporter of Women! This book is so great and Jaki gives us the keys & applicable tools needed to find the love we all want. A great page turner too!"

- Wendy



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- Gina Hussar, Spiritual Success Coach and Writer



"Jaki covers from working on yourself, to how to send flirty texts, to how to be in your feminine energy and even talks about prenups. This book covers it all and I highly recommend it!"

- Noreen Connolly PhD, NP



"I've been following Jaki for awhile, and was delighted to get a copy of this book! It is loaded with practical, empathetic and sound advice. The book is so uplifting and I would recommend it to anyone seeking a relationship."

- Carol Ann

Speaking Topics & Interview Ideas

The New Rules of Dating After 40

Why Feminine Energy is the Key to Attraction

*Breaking the Love Block:
The Mindset of High-Value Dating*

*The Proven Formula to Get
Engaged in Under a Year*

Why He's Ghosting You

How to Read a Man's Mind

*The Biggest Mistakes Women
Over 40 Make In Dating*

*The Secret to a Stand-out
Profile in Dating Apps*



AUDIENCE ALIGNMENT

Jaki's insights resonate most with:

- High-achieving women 40+
- Personal development enthusiasts
- Divorcees and widows seeking love again
- Podcasts and TV shows focused on relationships, empowerment, mindset, and success