

Navigating Sibling Relationships Assignment

Observe and Reflect

Take time this week to notice how your children interact—both the positive moments and the challenges. Record what you see below.

What happened?	How did they interact?	What did you do to support it?	What worked or didn't work?

Plan a Positive Interaction

Choose one activity this week that encourages teamwork or connection between siblings. It can be something simple like building with blocks, cooking together, or playing a game.

What activity will you plan?

Prepare the Environment

Think about how you'll set the stage for success. Write one way you'll support a positive sibling experience:

- How will you model or prompt kindness?
- Will you set rules or reminders before the activity?
- How will you reinforce cooperation?