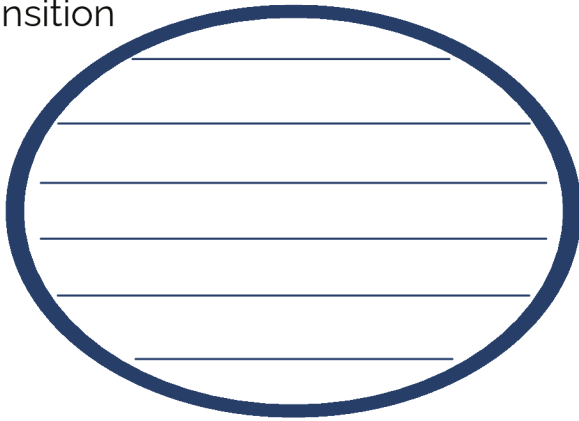


# Transition Planning Assignment

Let's get started by thinking about an upcoming change your child might experience. This could be a shift in daily routine, a new school, a family move, or a longer-term transition like puberty or preparing for adulthood. Use this worksheet to reflect and make a plan.

**Step 1:** Identify an Upcoming Transition



**Step 2:** What Might Be Hard About This Change?



**Step 3:** What Can You Do to Prepare?



**Step 4:** What Will Stay the Same?

