



Purpose and Expectations Assignment

Make a list of at least 5 things you hope to gain from parent training. Include anything on your list that is relevant to you and your child, even if it doesn't directly relate to ABA such as:

- Understanding your child better
- Having someone to talk to who understands autism and what you're struggling with
- Hope for your child's future

Make another list of your expectations and availability for parent training. If you work full-time, you might need to think outside the box about scheduling. While some BCBAs might be able to work around your work schedule, many juggle different work and home responsibilities.

Consider times or methods that you might not otherwise choose:

- Lunch break
- Early before work
- Telehealth if your insurance allows

What do you hope to gain from parent training?

What is your availability for parent training?